

OLIVE @ THE HEATHLAND

WINTER MENU

WEEK 2

MEAL DEAL
£2.75



MON

TUES

WED

THURS

FRI

MAIN

Turkey and Leek Puff Pastry Pie with Creamy Mash
(G, MK, CE)

Beef Bolognese with Spaghetti & Side Salad
(G, CE)

Roast Lemon & Thyme Chicken with Roast Gravy
(G, CE, SO)

Lamb Hot Pot with Seasonal Vegetables
(CE)

Fish & Chips with Tartare Sauce
(G, E, F, MK)

VEGGIE

Roasted Vegetable & Feta Frittata
(E, MK)

Baked Chickpea-Crumbed Aubergine & Red Pepper Katsu Curry
(G)

Spinach, Sweet Potato & Lentil Wellington with Tomato Sauce
(G, CE, E, MK)

Butterbean & Courgette Tagine with Cous Cous
(G)

Quorn Chilli Dogs with Crème Fraiche & Coriander
(E, SO, MK, G)

COOK STATION

Lamb Poblanos Chilli with Sweet Potato & Black Bean Rice
(CE, SU)

Southern Fried Chicken Fillet with Mac 'n' Jack
(G, MK)

Sri Lankan Fish & Spinach Biryani
(F, SU)

Piri Piri Falafel & Tahini Dressing & Flatbread
(SE, G)

Chef's Choice

PUD

Caramelised Pineapple & Poppy Seed Cake & Fresh Cream
(G, E, MK)

Jam & Coconut Sponge with Custard
(G, E, MK)

Apple & Cinnamon Crumble with Custard
(G, MK)

Banana & Cranberry Sponge with Caramel Sauce
(G, E, MK)

Chocolate Brownie with Winter Berry Sauce
(G, E, MK)

COLD SELECTION: BAGUETTES · SANDWICHES · SALAD BOXES · FRESH FRUIT · YOGURT POTS

ALLERGENS KEY

- CE - CELERY
- F - FISH
- MK - MILK
- N - NUTS
- CR - CRUSTACEAN
- G - CEREALS CONTAINING GLUTEN
- MO - MOLLUSCS
- P - PEANUTS
- E - EGGS
- L - LUPIN
- MU - MUSTARD
- SE - SESAME SEEDS
- SO - SOYA
- SU - SULPHUR DIOXIDE

