

Headteacher: Mrs Seema Huxley BSc (Hons) MBA NPQH
Wellington Road South
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TW4 5ID

Thursday 29th September 2022

Dear Parent(s)/Carer(s),

## INSET Day - Wednesday 5th October 2022

This term is well underway, and we are very please with the pupils' uniform, organisation and efforts in the classroom and across the School. They have made a positive start.

I am writing to remind parents and carers, that there is an INSET Day on Wednesday 5th October 2022 and this means that pupils from Years 7 to 11 and the Sixth Form will not have timetabled lessons. They must not attend on this day and will return as normal on Thursday 6th October 2022 at 8.30am.

## Wear Yellow Day - Monday 10th October 2022

We are writing to let you know that The Heathland School is taking part in raising awareness for positive mental health and wellbeing. This is part of #HelloYellow on Monday  $10^{th}$  October 2022 this World Mental Health Day.

The number of young people in need of mental health support is growing. As a School, we put emphasis on children knowing when and where to seek support. Asking for help is not always easy but we are here to help and provide the right support. Children can speak with their Form Tutor, Head of Year and any member of staff who will provide them with appropriate advice and the best next steps. We use external agencies and other partners to support us with counselling, therapy and mentoring.

That is why this year #HelloYellow continues to be important. We need to make sure young people know that how they feel matters and they deserve to feel supported.

The School will be joining thousands of other schools by wearing an item of yellow to show young people that how they feel matters, as well as raising money for YoungMinds. The pupils should arrive in their normal school uniform and wear an item of yellow such as a yellow hair band, a yellow bracelet, yellow socks, yellow polo T-shirt, yellow raincoat or tie. They can be creative and must consider wearing footwear or clothing that is sensible and keeps them safe. We wish to remind parents and carers that children are not expected to spend money buying something new but can use their initiative and creativity to participate. Where possible, we ask parents and carers to consider making a donation to YoungMinds.

There is an ongoing effort from our Pastoral and Safeguarding Team. If you have any concerns or wish to gain further advice, please do not hesitate to contact the School. Please visit the School's websites for any further updates.

Yours sincerely,

S. Huxler

Mrs S. Huxley **Headteacher** 









