



## Action Jackson positively impacting Year 9

Year 9 experienced an engaging assembly followed by small group sessions, delivered by Action Jackson, from Fix up!

The assembly focused on personal identity, building confidence and making the correct choices, all aiming to focus their pathway to success as they look towards Key Stage 4.

They heard about how their choices today, will affect their tomorrow. The assembly was fun, musical and entertaining, but amidst this pupils were engaged in questions about how their everyday life choices may affect their long term academic success. They were prompted to think about their choices in

friends, attitudes and time management and how making the correct choices now will positively impact and lead to their future success.

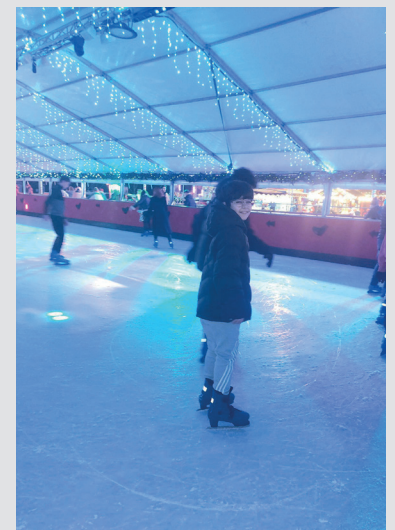
Action Jackson did not come alone, he was accompanied by guest speaker Sophia Choudry, who is an entrepreneur and investor. She is known for her invention of the Rotibox, a kitchenware tool for South Asian cooking. Sophia spoke about her journey to success and how she learnt from multiple failures to reach her current success.



## Gliding into Christmas: Year 9 Reward Trip

The Year 9 reward trip was Ice skating at Windsor on Ice. This frosty adventure saw the students lace up their skates and twirl into a winter wonderland of fun and excitement. Everyone showcased their skills, whether they were beginners or more seasoned skaters. Some fell, some held onto the sides of the ice rink and others glided around in circles but most importantly, the trip was filled with laughter and joy. After some icy adventures, students and staff warmed themselves up with hot chocolate and winter treats.

A memorable reward trip, with a fantastic group of students!





## For the Love of Languages!

On Thursday 23rd November all Year 10 and 11 students of Spanish were invited to watch *Reserva Duplicada* by the Onatti Theatre, in the Main Hall.

The play was about two couples that had booked the same Airbnb but hadn't realised till the end. It was actually quite funny watching the actors. My favourite part was when the woman would say CARLOS - she would emphasise it and that's what made it funny. To elaborate more on the play a classmate of mine got chosen to fix the clock and even though it was a short segment she did really well and deserved the applause. After the male actor playing Carlos had asked if anyone could speak Spanish and everyone was saying "un poco" meaning a little bit, with my luck I got chosen to go up. Going up to act with them was not what I anticipated but it was really fun even though I only said a couple of lines and I was lost through most of it. But the Spanish classes did come in handy. In the end the play was really funny and I think everyone enjoyed it.

*Written by: Harleen Kaur 10 Gresham*

On Wednesday 22nd November A level Spanish students visited the National Theatre in London to watch *The House of Bernarda Alba*, a play that we study as part of the A level course.

I enjoyed the trip a lot, it was a great experience as the stage was beautiful and grand. The performance as well as the cast was great, the fact that it was in English it gave me a greater understanding of 'La Casa de Bernarda Alba' which is about a lady whose husband dies and she then sends her 5 daughters into mourning for 8 years – they have to wear black and cannot leave the house!



Also since the stage was split up into different sections which represented each room of the house with see-through walls, we could understand what events happened at the same time, that helped the play flow and for us the audience it was clear what the story of the play was about. 10/10 ¡lo recomendaría!

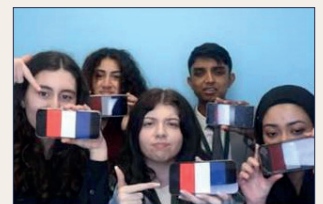
*Written by: Shakib Mbabaali, 13 Dickens*

## Film trip to Leicester Square

As part of our ongoing exploration of French culture and society, the French A-Level Students adventured to the Prince Charles Cinema, in Leicester Square on 20th February, to view the 1996 French classic *La Haine*. This timeless piece of French cinematography, directed by Mathieu Kassovitz, provides us with a profound insight into the socio-economic realities and cultural dynamics of contemporary France.

In particular, tragic issues such as police brutality and gun violence, which are brought into the light with this exceptional movie. *La Haine*, which translates to "The Hatred", follows 3 young men and their struggles in the suburbs of Paris. Our trip was an educational outing which helped complement our classroom studies. After the screening we had a thought-provoking discussion and discovered new aspects of the movie. This is a great movie that everyone should watch at least once, even if you don't speak French, it is a fantastic opening into a whole new realm of films and culture.

*Written by: Timeea Petrescu 12 Turner*





## Acting the part with visiting French theatre group

On 23rd February, all Year 10 and 11 students of French were invited to watch the Onatti Theatre's production of *Le Cours D'Art* in the Main Hall.

*Le Cours D'art* was a play about some students getting stuck in an art class. They were stuck because one of the students, Sarah, wanted to play a trick by hiding the key to the door from everyone. At the start of the play, the actors asked the audience for a volunteer and I was chosen. During the play, I witnessed the behind the scenes of the actors switching roles and got to interact with the characters and audience too. The actors always made sure I was having fun and knew what was going on. I really enjoyed performing with them as it was fun playing along and improvising. Also, because I had never gotten such an opportunity to improvise in front of that many people. I enjoyed practicing my French and am grateful to have been given such an opportunity.

*Written by: Maria Secuiu, 11 Palmer*



## Marie Curie Cake Sale Thursday 21st March 2024

We had a wonderful event on Thursday 21st March at break time in the main hall with lots of homemade cakes and goodies.



**Thank you to everyone that contributed.**

Thank you to Mrs R Tickner for making a beautiful bouquet - which was auctioned, and the lucky winner was Mrs D Goodall!

We raised £338.12 in total, which is fantastic and smashed last year's total.

Marie Curie is remembered for her discovery of radium and polonium, and her huge contribution to finding treatments for cancer.

Marie Curie's vision is for a better life for people and their families living with a terminal illness.





## Sixth Formers standing out from the crowd

I had the opportunity to attend a work experience placement with VolkerFitzpatrick Ltd and Mace in celebration of International Women's Day held at Heathrow Employment & Skills Academy

It was a privilege to learn more about some of the UK's leading engineering construction companies. I was especially impressed by commitment and effort that both companies put in to make the workplace more inclusive and to work towards bridging the gap between male and female employees in a predominantly male dominated field. I was especially eager to learn that Mace's extensive list of projects have included some of the most well-known landmarks and popular attractions such as The Shard, Burj Khalifa, London Eye, Battersea Power Station and



The Tottenham Hotspur stadium just to name a few! Throughout that day I heard from civil engineers and many others from the industry who shared valuable advice about seeking a career within engineering. I was encouraged to seek new opportunities, to gain essential experience and broaden my industry knowledge. In groups we were given tasks which allowed us to collaborate, and problem solve. One of our tasks was to investigate which shape made of everyday materials was the strongest, which led to my group constructing a paper cylinder which was able to hold 11 books! Additionally, we competed as groups to build the highest tower with the smallest amount of bricks in the shortest amount of time. This was to reflect on the profit-loss margins that are often used in engineering projects. I'm grateful for this in-depth experience and opportunity to engage with industry professionals!

*Written by: Dalyn LOBO, 12 Gresham*

## Work Shadowing in a Psychiatric Ward

During my time shadowing in a psychiatric ward, I got a close-up look at how healthcare professionals support people with mental health issues. I saw how they handled therapy sessions and crises, and it gave me a deeper understanding of how mental health affects individuals and communities. This experience made me more aware of the connection between physical and mental well-being. Seeing how patients and healthcare providers handled challenges made me appreciate the importance of support for mental health.

In the end, this program really changed my perspective and made me want to help contribute positively to the well-being of people dealing with mental health issues. I received access to this placement by simply searching up "NHS internship opportunities" and applying on the hospital's website.

*Written by: Aryaan Rasheed, 12 Sheridan*



## Banking on success for Sana

I am proud to say that after many days and many attempts, I have completed a simulation focused on the type of work undertaken by the Investment Banking & Markets teams in the Global Banking & Markets (GB&M) business at HSBC. I defined the strategic rationale for M&A and filtered target Analyzed transaction data to develop a summary of debt capital markets (DCM) activity. I matched financial products with various clients.

This consisted of easy, intermediate, and advanced tasks. It was incredibly useful to understand what it might be like to participate in the Global Banking & Markets team at HSBC. I worked on a project to identify potential acquisitions for a client looking to expand and provide financial products to clients with differing needs in a real-world context. Doing this program confirmed that I really enjoy working on complex financial solutions for diverse clients, and I'm excited to apply these skills to a global banking & markets team at a company like HSBC.

*Written by: Sana Naqshband, 12 Gresham*



## Sixth Formers standing out from the crowd (continued)

### Careers in Sport Seminar



We found the opportunity in MSTeams and applied for the event. Being A Level PE students we are all looking for a career in sport.

The event broadened our minds to the diversity of roles in Sport Business, Coaching, Media and Science.

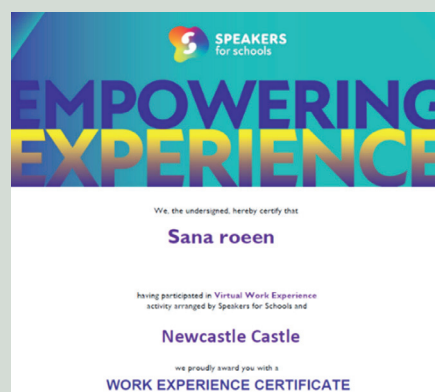
We spoke to different representatives from Canterbury Christ Church University, CIMPSA, UK International Soccer and more. Coach Core Foundation delivered a presentation on the different Apprenticeships in Sports Coaching and we

were able to hear from current Apprentices about what the Apprenticeship involves as well as how they were successful in their application.

Brian Matovu from Arsenal FC explored the different roles in Sports Media and how he managed to go from a degree in Accounting and Finance to working for Arsenal within 3 years.

Overall, it was inspiring to see the diversity there is in sports and helpful knowing what steps to take to get to the next level.

## Speakers for Schools



I signed up to Speakers for Schools to expand my knowledge in other areas, that are not taught in school. This turned out to be a great decision, as some events on the website are career based whilst others are study based.

The events range from Law all the way to Dentistry, from Apprenticeships leading onto experimenting in real labs. My event was a History based one, that I attended to improve my knowledge in this area.

The event was about Newcastle Castle - History, heritage and tourism. There was a lot of information about activities, attractions and the preservations of historical monuments. The event talked us through how the 900-year-old castle contains ancient passageways and hidden chambers. I found it to be fun and interactive.

I really advise signing up to Speakers for Schools because it is honestly the easiest platform for Sixth Form students to get valid work experience and to expand their horizons.

*Written by: Sana Roeen, 12 Adam*

## The Sutton Trust



With the help of the school's Teams, I received opportunities to attend the London School of Economics via the Sutton Trust Pathways to Law programme which runs for two academic years, giving chances to network with other students across London and providing information about law and how the LLB course is structured at LSE. I have also completed several online internships with JP Morgan and Linklaters using Forage, and attended various seminars provided by Young Professionals.

If I graduate from the Pathways to Law programme, I receive a lowered offer from LSE to do law. This experience strengthened my CV and noted down my experiences on Unifrog so I am slightly ahead of other students and have an advantage.

It has given me opportunities to shadow a law student and I will get to do work experience at a law firm during spring/summer.

*Written by: Suki Singh, 12 Sheridan*



## YEAR 10 Girl's Netball Team having a fantastic season!

The Year 10 Netball team have had a fantastic season! They have finished overall first in their league and have also finished first in the Hounslow Borough netball rally.

This is an amazing achievement and we are all extremely proud of them!

Well done girls!

League 1						
#	Team	P	W	D	L	F
1	The Heathland School	6	5	1	0	25
2	Gumley House	6	5	0	1	25
3	Cranford Community College	5	2	2	1	9
4	St Mark's Catholic College	5	3	0	2	11
5	Springwest Academy	5	1	0	4	6
6	The Green School for Girls	5	0	2	3	9
7	International School of London	6	0	1	5	8

## Term dates 2024



### Summer term dates 2024

Tues 16th Apr 2024 – Fri 26th Jul 2024

May Day - Monday 6th May 2024

Half Term - Monday 27th May 2024 to Friday 31st May 2024

Inset Day - Wednesday 3rd July 2024

## Heathland Basketball Team News

The Basketball teams have enjoyed a successful season competing in a variety of cup competitions and the Hounslow Borough Leagues. A highlight of the season was the Year 10 team beating Lampton 34-32 and the strong performance they put in at the West Thames Tournament. A special mention must go to Jordan who was voted one of the players of the tournament. Another success was the Year 9 Team who competed in the London Schools Cup for the first time in Heathland history. A final mention must go to the Sixth Form Team who have worked hard this year and were rewarded with an end of

season win against Cranford 44-29. A special mention to Chaim who has been a hugely influential member of The Heathland Basketball clubs and a positive role model to all age groups who will be missed when he leaves at the end of the year.

