



**YOUTH
WITHOUT
LIMITS**

The Duke of Edinburgh's Award Parents Information Evening 2025

The DofE is a life-changing
adventure for young
people aged 14-24

It helps young people
develop skills for their
future life and work



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The Awards at THS

Hundreds of thousands of young people take part in The Duke of Edinburgh's Award (DofE) each year. We help young people build lifelong belief in themselves, supporting them to take on their own challenges, follow their passions and discover talents they never knew they had.

The DofE is about students and friends sharing amazing experiences together, having fun, and just maybe changing their futures along the way. Taking part in a DofE journey will give you skills, confidence, and something to talk about when you apply for college, university or a job. Beyond your academic achievements, universities want to see evidence of "soft skills" that you have developed through extra-curricular activities, such as communication, commitment, leadership and teamwork. Your DofE Award is a fantastic way to demonstrate and evidence these skills in practice.

You'll also make a difference to other people's lives and your community, become fitter and healthier, make new friends and have memories to last you a lifetime. Our participants also tell us that doing their DofE supports their self-belief and resilience, can boost their mental health and wellbeing, and can help them face and overcome personal challenges.



The Awards at THS

BRONZE AWARD

Year 10: Extra curricular club

Wednesdays, 3:30pm – 4:15pm



BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

The Awards at THS

SILVER AWARD

Year 12: **P5+6 on Wednesdays**



SILVER AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
6 months	6 OR 3 months	6 OR 3 months	3 days 2 nights
Physical and Skills sections: one section for 6 months and the other section for 3 months			
If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			

Awards at THS

BRONZE AWARD

Mr M Calvelli-Adorno

SILVER AWARD

Miss J Sharpe

Skills Section

Developing existing skills or discovering new things to love



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Skills at THS



REACTING TO MY 21/22 PL[ⓧ] PREDICTIONS!



Skills at THS



Managing my money
for young adults



The Open
University



Volunteering section

Helping others and
making a difference
to the causes they
care about



Volunteering at THS



1. A man smells nice.
2. The paper boy delivers the newspaper.
3. My friend Zack won the track and field race.
4. Jane and I are going to the mall.
5. Jimmy made the touchdown.
6. A beautiful butterfly flitted over the bush.
7. She stronggripped the rope off the bar.
8. Our class will visit the Atlanta Zoo.
9. My cat had three kittens today.
10. My little brother fell off his swingset.
11. The lion roared as he walked to the top of the hill.

Use semi colon
1. Tell me tomorrow I will give you my answer then.
2. English was Anna's hardest subject additionally she struggled with science.
3. Lisa loves to swim her brother likes to dive.
4. My hair is wet I just washed.

Insert a comma
1. Suddenly, Mark jumped from behind a bush.
2. On the night, you can see the house of parliament.
3. Soon, it will be time to go out and play.
4. In the distance, the trees moved in the wind.

robber wore a black stocking
holiday party was at American Ad
telephone is ringing in the store

Physical section

**Improving their health
and fitness and having
fun along the way!**



Physical at THS



Expedition

Spending time in the great outdoors and creating lifelong memories



Expedition training

Navigation and route planning

Map skills and compass skills

Camp craft, equipment and hygiene

Food and cooking

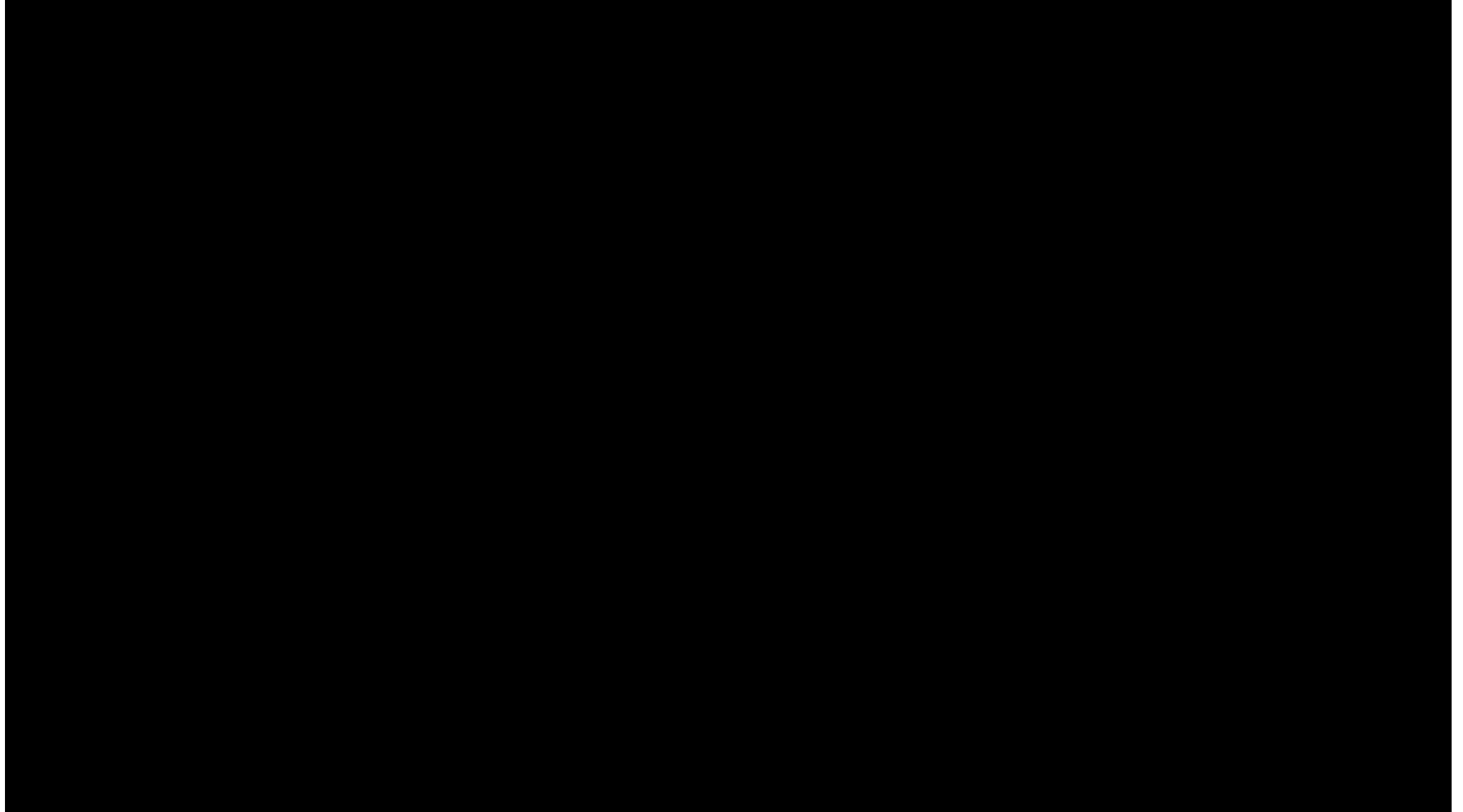
Countryside Code

First Aid and emergency procedures

Team building



Expedition highlights



Expeditions at THS

BRONZE AWARD

**Practice – Saturday 9th May
Day walk Box Hill**

**Assessed – 10th – 12th July
New Forest**

SILVER AWARD

**Practice – 15-17th May
Henley-Upon-Thames**

**Assessed – 21st - 24th June
Surrey Hills**

Expeditions at THS

Attendance after DofE is mandatory – DofE must not impact your academic subjects

- Wear in your boots ahead of time**
- Go for long walks, 5h+ at weekends to improve fitness and stamina**

First Aid



**BRONZE – Sunday 8th Feb
2026**

**SILVER – Sunday 7th Feb
2026**

£5 DONATION, compulsory

Your role

Guidance

Encouragement

Practical support

Recognising achievement

Boots and walks



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Equipment

Provided by school:

- ruck sack
- sleeping mat
- tent
- stove
- fuel
- compass/maps

Need to provide:

- walking boots
- walking socks
- waterproof jacket
- sleeping bag

(food)

Costs

BRONZE

Entrance fee £29

Day Walk £10

Assessed weekend £30

SILVER

Entrance fee £29

Practice Weekend £30

Assessed weekend £30

Costs include - Hoodie £17, camp sites, transport to campsites, insurance, loan of equipment.

Frequently asked questions

Can my child take a mobile phone?

Can we phone my child on camp?

What happens if my child misses a camp?

How is my child supervised?

How is my child assessed?

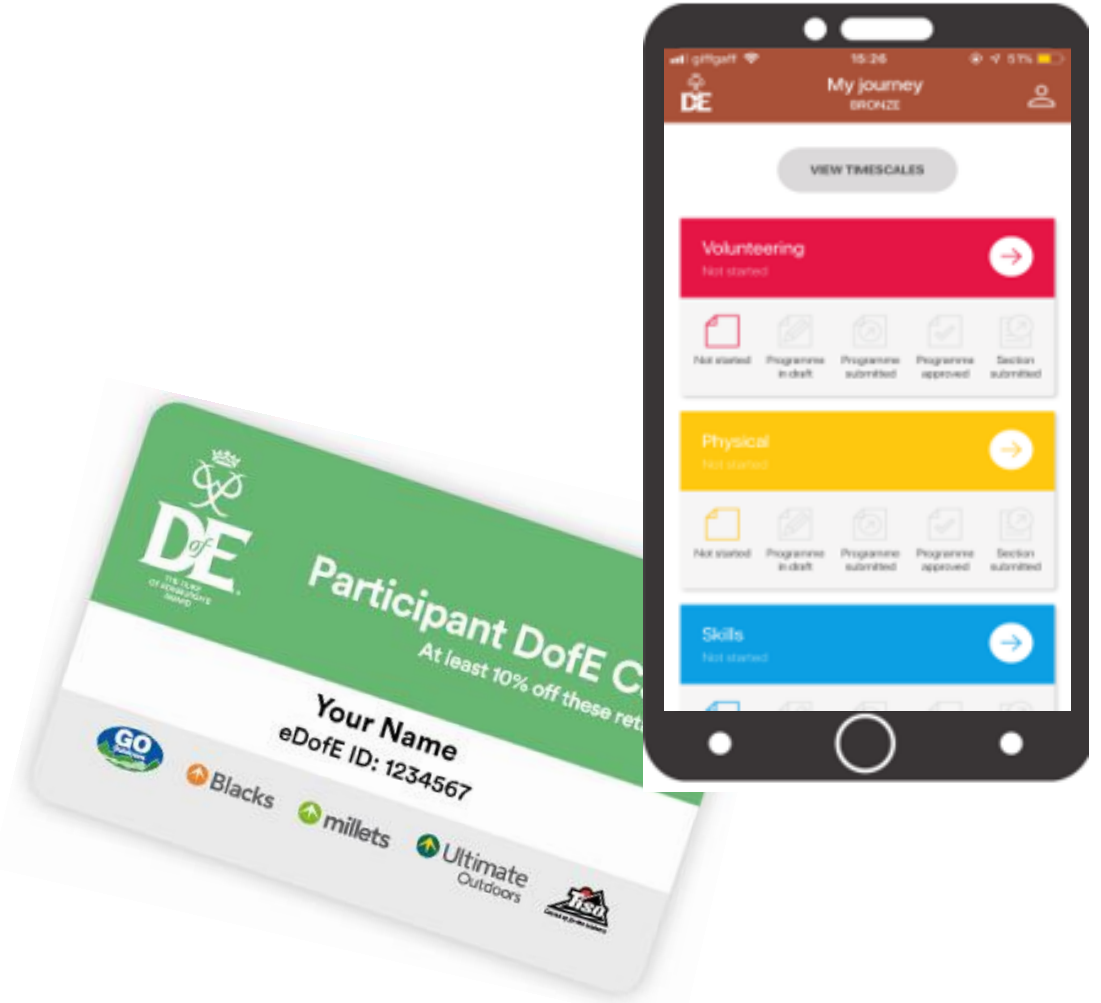
What if my child gets lost?

Welcome Pack and eDofE

Once you've signed up to do your DofE, you'll get your own eDofE account, so you can start planning your activities online and using the free DofE app.

When you've added your home address, you'll be sent your Welcome Pack – with lots of information and advice, as well as your personalised DofE Card.

Your DofE Card will give you and your family exclusive discounts in the DofE's five fantastic recommended retailers.



The DofE app



The DofE app is available for free from the App Store on iPhones and Google Play on Android phones.

Participants can use the DofE app to plan activities, get approval from Leaders, record evidence, submit programmes for completion and more.

Plus, it can sync important dates to your phone calendar and add the personalised DofE Card to the digital wallet, to make the most of the exclusive discounts.

