

Parent Webinar Report

Last term, Elevate Education ran six online sessions. These live sessions helped to keep parents up to date with the study skills strategies students were being taught in class, and offered insight into how parents can support with learning at home.

Below you can see how parents across the country engaged with the sessions, the most common questions they asked, and some resources to help answer those questions.

At a glance



8,800 parents signed up



Over 922 schools participated

Motivation
Time Management
Setting Up for Success in Exams
Memory
Resilience
Stress & Wellbeing
6 key Topics Covered

Resource downloads



647 Downloads

Motivation Cheat Sheet



526 Downloads

Exam Planner



453 Downloads

Resilience Building Resource



314 Downloads

Stress Management Techniques



514 Downloads

Feynman Technique



470 Downloads

Weekly Planner Template

Parent Feedback

"This was one of the best webinars I've ever attended. It addressed real problems and offered practical, realistic solutions that we as parents can actually use. Thank you so much! Keep up the good work."

"Excellent tips for parents on how to maintain motivation and resilience in their young people whilst studying. Lots of resources shared and the scientific explanations and strategies on how to increase effectiveness of study skills."

"The session was indeed an eye opener on how to support our children."

"Very informative webinars, easy to engage with and well presented. I always come away feeling as though I have some extra tools in the tool box. Thank you Elevate!"

"Elevate education is an excellent platform for children & their families at secondary school- offering great insight & practical advice for helping kids to perform at their true potential."

Top Questions Asked

How can I help my daughter manage stress during exams?

“My child is not motivated to study - what should I do?”

How can I help my child balance school work and sports?

Resources to help - Password: Rondo

[Click here to get tips on how to reduce stress.](#)

[Check out our blog on “Why are you studying?”](#)

[Read our article on how to build an effective Study Timetable.](#)

Spring Term Webinar Schedule

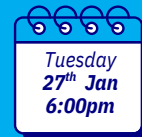
How to Help Your Child Improve Their Note Taking

What your child's notes should look like and how they can help them study more efficiently.



How You Can Make Technology an Ally (Not the Enemy!)

With more and more schoolwork being set online, we'll show you how you can utilise all the **good** parts of tech - and remove the bad.



How to Help Improve Your Child's Memory

Learn how to help your child remember what they revise and how to recall this information in the exam room



How You Can Help Your Child Prepare for Exams

We'll show you what kinds of work your child should (and should not) be doing in the run-up to exam season.



How You Can Support Your Child During Exams

Learn how to help your child manage overwhelm, stress, and anxiety during exam season.



[**Register Now**](#)