

Home Learning Parent and Carer Guidance

2026 – 2027



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The Importance of Home Learning

As your child transitions into this exciting new chapter of their education at The Heathland School, establishing a strong partnership between home and school is more important than ever. One of the most effective ways you can support your child's academic journey and developing lifelong skills is by fostering a positive routine around home learning.

Far from being just a daily chore, research consistently shows that home learning at the secondary level has a profound impact on student success, improving their outcomes significantly. Studies indicate that it not only reinforces classroom learning and improves academic achievement, but it also helps students develop:

- Essential life skills
- Time management
- Self-discipline
- Independence
- Problem-solving

By encouraging a dedicated study habit at home, you are providing them with the foundational tools they need to thrive both inside and outside the classroom, preparing them for their future.

Home Learning Process

For each subject, students will receive a paper copy of a **Home Learning Booklet**. Depending on their pathway, students will be issued either a **Dedication** booklet or an **Aspiration** booklet. These booklets have been carefully designed to support learning in lessons, consolidate knowledge, and develop independent study habits.

It is the responsibility of each student to:

- Look after their Home Learning Booklet and bring it to lessons when required.
- Complete all home learning tasks by the published deadline.
- Present their work to a high standard, using **black biro pen** and focusing on **neat, legible handwriting**.
- Seek support from their teacher if they are unsure about any task.

The tasks within each booklet are directly linked to the curriculum and lesson content, helping students to revisit, practise and strengthen their understanding of key knowledge and skills.

If a Home Learning Booklet is lost or damaged, students are responsible for printing a new copy, all students have a daily printing allowance. All Home Learning Booklets are available to download and print from the school website:

[School Website - Home Learning](#)

Why Home Learning Tasks Matter

Regular completion of Home Learning tasks will help students to:

- Reinforce learning from lessons.
- Develop independent study skills and self-discipline.
- Improve knowledge retention and long-term memory.
- Prepare effectively for assessments, mock examinations and external examinations.
- Build confidence and resilience as learners.

Home Learning Schedule

A Home Learning Schedule is available for Years 7, 8 and 9 for the Autumn, Spring and Summer Terms. This schedule provides parents and carers with an overview of when Home Learning is set throughout the academic year. An example is shown below.

Year 7 Autumn Term 2 - 2026-27

Subject	English	Maths	Science	History	Geography	RE	French	Spanish	Art	Performing Arts Drama	Performing Arts Music	Technology DT	Technology CAD/CAM	Technology Textiles	Technology Food	Computing
Date	2 tasks a week	Once a week	Once a week	Once a week	Once a week	Once every 2 weeks	Once a week	Once a week	Once every 3 weeks	Once every 3 weeks	Once every 3 weeks	Once every 2 weeks	Once every 2 weeks	Once every 2 weeks	Once every 2 weeks	Once a week
Week 9 02/11/26	Topic 2 Task 1 & 2	Topic 2 Task 1	Topic 1 Task 6	Topic 2 Task 1	Topic 2 Task 1	No Home Learning	Topic 2 Task 1	Topic 2 Task 1	No Home Learning	No Home Learning	Topic 1 Task 2	No Home Learning	No Home Learning	No Home Learning	No Home Learning	Topic 2 Task 1
Week 10 09/11/26	Topic 2 Task 3 & 4	Topic 2 Task 2	Topic 1 Task 7	Topic 2 Task 2	Topic 2 Task 2	Topic 1 Task 4	Topic 2 Task 2	Topic 2 Task 2	Topic 1 Task 3	No Home Learning	No Home Learning	Topic 1 Task 4	Topic 1 Task 4	Topic 1 Task 1	Topic 1 Task 1	Topic 2 Task 2
Week 11 16/11/26	Topic 2 Task 5 & 6	Topic 2 Task 3	Topic 1 Task 8	Topic 2 Task 3	Topic 2 Task 3	No Home Learning	Topic 2 Task 3	Topic 2 Task 3	No Home Learning	Topic 1 Task 3	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	Topic 2 Task 3
Week 12 23/11/26	Topic 2 Task 7 & 8	Topic 2 Task 4	Topic 1 Task 9	Topic 2 Task 4	Topic 2 Task 4	Topic 1 Task 5	Topic 2 Task 4	Topic 2 Task 4	No Home Learning	No Home Learning	Topic 1 Task 3	Topic 1 Task 1	Topic 1 Task 1	Topic 1 Task 2	Topic 1 Task 2	Topic 2 Task 4
Week 13 30/11/26	Topic 2 Task 9 & 10	Topic 2 Task 5	Topic 1 Task 10	Topic 2 Task 5	Topic 2 Task 5	No Home Learning	Topic 2 Task 5	Topic 2 Task 5	Topic 1 Task 4	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	Topic 2 Task 5
Week 14 07/12/26	Topic 2 Task 11 & 12	Topic 2 Task 6	Topic 1 Task 11	Topic 2 Task 6	Topic 2 Task 6	Topic 1 Task 6	Topic 2 Task 6	Topic 2 Task 6	No Home Learning	Topic 1 Task 4	No Home Learning	Topic 1 Task 2	Topic 1 Task 2	Topic 1 Task 3	Topic 1 Task 3	Topic 2 Task 6
Week 15 14/12/26	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning	No Home Learning
Christmas Break																

The full schedule can be accessed on our website using the link [Key Stage 3 Home Learning](#)

Key Stage 3 Home Learning Clubs 2026-27

Home Learning Clubs provide students with additional support to complete high-quality home learning and develop positive study habits. Each department offers a weekly Home Learning Club at lunchtime, providing a quiet and supportive environment where students can seek help from subject specialists, catch up on missed work, improve the quality of completed tasks, and develop greater confidence in their learning.

Students are encouraged to attend Home Learning Clubs if they:

- Require additional help with a Home Learning task.
- Need a suitable space to complete their work.
- Have missed a deadline and need support to catch up.
- Would like feedback to improve the quality of their work.
- Want to develop better organisational and independent study skills.

If a student does not complete a Home Learning task by the deadline, they may be directed to attend the relevant subject Home Learning Club that week to complete the work with staff support.

We encourage parents and carers to remind students of the Home Learning Club timetable and to support regular attendance where additional help may be beneficial.

Subject	Day(s)	Time(s)	Room(s)
English	Thursdays	1:00 pm - 1.30 pm	102Y
Mathematics	Mondays, Tuesdays & Thursdays	1:00 pm - 1.30 pm	201Y
Science	Fridays	1:00 pm - 1.30 pm	310m
History	Mondays, Tuesdays & Wednesdays	1:00 pm - 1.30 pm	117R
Geography	Fridays	1:00 pm - 1.30 pm	157b
Languages	Wednesdays	1:00 pm - 1.30 pm	217R
Art	Tuesdays	1:00 pm - 1.30 pm	1R
Performing Arts	Wednesdays	1:00 pm - 1.30 pm	6M
Religious Education	Wednesdays	1:00 pm - 1.30 pm	107G
Technology	Thursdays	1:00 pm - 1.30 pm	19R
Learning Support	Mondays & Fridays	1:00 pm - 1.30 pm	162M/163M

Importance of Handwriting

Strong handwriting is an essential skill that can have a significant impact on a student's success in examinations. Regardless of how much knowledge a student has, examiners can only award marks for answers that they can read and understand. Clear, legible handwriting helps students communicate their knowledge effectively and reduces the risk of marks being lost due to difficult-to-read responses.

Research and examiner feedback consistently highlight that students who write clearly are more likely to present their ideas effectively, make fewer careless errors, and complete examination papers with greater confidence. As most GCSE and A-Level examinations remain handwritten, developing good handwriting habits now will benefit students throughout their school career and beyond.

Home Learning provides an excellent opportunity to practise these skills regularly. We encourage parents and carers to support students in producing work that reflects the high standards expected in examinations.

Why Handwriting Still Matters

The majority of GCSE and A-Level examinations require students to write extended responses by hand. Examiners can only award marks for answers they can read and understand. Clear, legible handwriting helps students:

- Communicate their knowledge effectively.
- Avoid losing marks due to difficult-to-read responses.
- Write with greater confidence and fluency.

Home Learning provides an ideal opportunity for students to practise writing neatly, accurately, and at an appropriate pace.

The Long-Term Benefits

Regular handwriting practice can help students:

- Improve the clarity and quality of their written responses.
- Develop greater concentration and attention to detail.
- Build writing stamina for longer examination papers.
- Increase confidence when completing assessments.
- Ensure examiners can easily access and reward the knowledge they have demonstrated.
- Develop organisational and presentation skills that are valued in education and employment.

By encouraging high standards of handwriting during Home Learning, parents and carers play an important role in helping students prepare for future examinations and achieve their full potential. Every Home Learning task is an opportunity to develop habits that will support success in the classroom, in examinations, and beyond.

How Parents and Carers can support Handwriting

Each time your child completes a Home Learning task, please encourage them to:

- **Write using a black biro pen**, as this mirrors examination requirements.
- **Take pride in presentation**, ensuring their work is neat and well organised.
- **Form letters correctly and consistently**, paying particular attention to letter size and spacing.
- **Leave appropriate spaces between words** to improve readability.
- **Sit correctly and hold the pen comfortably** to support fluent writing.
- **Write at a steady pace**, focusing on accuracy before speed.
- **Review their work** once completed to check that all writing is clear and legible.
- **Avoid rushing**, particularly towards the end of longer written tasks.
- **Practise extended writing regularly**, as stamina is crucial during lengthy examinations.



Supporting Literacy at Home: Helping Your Child Succeed

Literacy is one of the strongest predictors of academic success. Students who read regularly, write frequently, and develop a broad vocabulary are more likely to achieve well across all subjects. Research shows that strong literacy skills improve comprehension, communication, confidence, examination performance, and future employment opportunities. Parents and carers play a vital role in developing these skills. Small, regular actions at home can make a significant difference to a child's progress.

1. Encourage Daily Reading

Encourage your child to read for at least **20 minutes each day**. Reading regularly expands vocabulary, improves comprehension, develops imagination, and increases general knowledge.

Reading can include:

- Fiction and non-fiction books
- Newspapers and magazines
- Comics and graphic novels
- Blogs and online articles
- Audiobooks (listening while following the text can be particularly beneficial)

2. Talk About What They Read

Discussing reading helps students develop deeper understanding and critical thinking skills. Ask questions such as:

- What happened in the chapter you have just read?
- Who is your favourite character and why?
- What do you think will happen next?
- What is the main message or theme?
- Have you learnt anything new?
- What evidence from the text supports your opinion?

Reading Questions to Deepen Understanding

Research shows that asking questions while children read helps to improve comprehension, vocabulary, critical thinking and examination performance. The question prompts below can be used when discussing any book, article, newspaper, blog or text your child is reading.

The questions in the table progress from simple retrieval of information to more challenging analysis and evaluation. By regularly discussing reading using these prompts, parents and carers can help students develop the comprehension skills required across all subjects and in GCSE examinations.

Decoding and Retrieval Where did the story take place? What do the characters look like? Who spoke to ...? How was the described? What does the character pick up/have in their pocket?	Infer and Deduce Why is ... important? How do we know that...? What do you think will have because of...? What do you think will happen next? What were the motives behind?	Structure and Organisation How is this writing set out? Which words tell you the order of events? What is the main idea of this paragraph? How does the layout help you understand what is written?
Language What does this word/phrase mean? How has the author shown that a character is happy/sad/angry? How does the repetition in this paragraph help the description? How do you know this is a formal/informal piece of writing?	The Writer Why did the author choose to set the story here? What impression of the character do you get? Name a similar story that has this sort of timeline e.g flashbacks, dreams, concurrent stories. How is the writing persuasive?	The Text and the World What difference does the culture of the writing make to the story? Can you think of a similar story from a different culture? How have the author and illustrator worked together to help the story? What would you need to know / what research would you need before writing this?

3. Create a Positive Environment for Writing

Encourage your child to complete Home Learning at a table or desk in a quiet space, free from distractions. Establishing a routine helps students develop focus, organisation, and independence.

4. Encourage High Standards of Presentation

Provide opportunities for your child to write using:

- A black biro pen
- Lined paper
- Appropriate equipment to support their learning

Neat presentation and clear handwriting are important habits that support success in school and examinations.

5. Support the Writing Process

If your child finds it difficult to begin writing, encourage them to talk through their ideas first. Discussing a topic before writing can help students organise their thoughts, develop vocabulary, and structure their sentences more effectively.

6. Develop Vocabulary and Spelling

Encourage your child to:

- Use a dictionary to check spellings and meanings.
- Use a thesaurus to improve word choice.
- Learn and practise subject-specific vocabulary.
- Challenge themselves to replace common words with more ambitious alternatives.

A strong vocabulary helps students communicate their ideas more precisely and achieve higher-quality written responses.

Need Support?

If you are experiencing financial difficulties and require support with purchasing resources or equipment for learning at home, the school may be able to help. Please contact:

Ms F Constandi

Email: fconstandi@heathland.hounslow.sch.uk

A Simple Message for Parents and Carers

Every day a child reads, they are building vocabulary, knowledge, imagination, confidence, and a foundation for success in school and beyond. Small daily habits make a big difference over time.

Supporting Numeracy at Home: Helping Your Child Succeed

Supporting Numeracy at Home: Building Confidence with Mathematics

Strong numeracy skills are essential for success not only in Mathematics but across many subjects including Science, Geography, Technology, Finance and everyday life. Developing confidence with numbers helps students become better problem solvers, logical thinkers and independent learners. Research shows that regular practice with mathematical concepts helps students improve their accuracy, reasoning and long-term retention of key skills. Parents and carers can support numeracy by encouraging regular practice and helping students develop confidence when tackling mathematical problems.

How Parents and Carers Can Support Numeracy

1. Encourage Showing Full Working Out

Students should be encouraged to show all steps when solving problems rather than simply writing the final answer. Showing working out is a requirement for GCSE and A Level mathematics and helps students:

- Identify mistakes more easily.
- Gain method marks in examinations.
- Develop logical thinking skills.
- Explain their reasoning clearly.

Even when students know the answer mentally, recording their method helps strengthen understanding.

2. Make Numeracy Part of Everyday Life

Look for opportunities to use mathematics in real-life situations:

- Working out discounts when shopping.
- Calculating change.
- Reading timetables.
- Measuring ingredients when cooking.
- Comparing prices and value for money.
- Estimating distances and travel times.

3. Encourage Times Table Fluency

Rapid recall of multiplication facts supports success throughout secondary school mathematics. Students should regularly practise:

- Multiplication tables.
- Number bonds.
- Fractions, decimals and percentages.
- Mental arithmetic.

4. Use Corbett Maths '5 a Day'

One of the most effective ways to develop mathematical confidence is through the **Corbett Maths 5-a-Day** resource. The website provides five carefully selected questions every day, helping students revisit previous learning and practise a range of mathematical skills.

Why We Recommend 5-a-Day

- ✓ Takes approximately 10–15 minutes
- ✓ Develops retrieval practice
- ✓ Revisits previously taught topics
- ✓ Improves mathematical fluency
- ✓ Builds confidence over time
- ✓ Supports preparation for assessments and examinations
- ✓ Encourages students to show their working out

How to Use 5-a-Day

1. Visit the **Corbett Maths 5-a-Day** page.
2. Select the appropriate year group or difficulty level.
3. Complete all five questions.
4. Show full working out for every question.
5. Check answers using the mark scheme.
6. Correct any mistakes and attempt similar questions where necessary.

Recommended Approach

- Complete one 5-a-Day activity at least three times per week.
- Spend 10–15 minutes focusing on accuracy rather than speed.
- Encourage students to explain how they reached their answers.
- Celebrate improvement and perseverance.

Corbett Maths 5-a-Day

<https://corbettmaths.com/5-a-day>

5. Develop Mathematical Vocabulary

Encourage discussion using mathematical language such as:

- Factors
- Multiples
- Equivalent
- Percentage
- Probability
- Estimate
- Ratio

A strong mathematical vocabulary helps students understand examination questions more accurately.

6. Encourage Positive Resilience

Making mistakes is an important part of learning mathematics. Encourage your child to:

- Persevere when problems are challenging.
- Try different methods.
- Learn from mistakes.
- Explain their thinking.

Useful Numeracy Websites

BBC Bitesize <https://www.bbc.co.uk/bitesize>
Provides videos, notes and practice questions.

Corbett Maths

Excellent for practice questions, videos and revision. <https://corbettmaths.com>

Maths Genie <https://www.mathsgenie.co.uk>

Free resources and exam-style questions.

A Simple Message for Parents and Carers

Just 10–15 minutes of regular mathematics practice can have a significant impact on a child's confidence, fluency and attainment. Encouraging students to show their working out, explain their thinking and learn from mistakes helps develop the mathematical resilience needed for future success.

The Benefits of Seneca Learning

Supporting Learning Through Seneca

Seneca Learning is one of the most effective ways students can strengthen their knowledge and improve long-term memory. Seneca uses cognitive science and retrieval practice techniques to help students remember more and forget less. <https://senecalearning.com/en-GB/>

Why We Recommend Seneca

Just **10–20 minutes each day** can help students:

- Improve recall of key knowledge.
- Strengthen long-term memory.
- Increase confidence in lessons.
- Prepare effectively for assessments.
- Identify gaps in understanding.
- Build independent study habits.

Benefits for Students

- ✓ Courses matched to the curriculum
- ✓ Short, manageable learning sessions
- ✓ Immediate feedback
- ✓ Automatic marking
- ✓ Tracks progress
- ✓ Improves retention through spaced repetition
- ✓ Accessible on computers, tablets and phones

How Parents and Carers Can Help

Encourage your child to:

- Complete a short Seneca session daily.
- Focus on subjects they have studied recently.
- Repeat previous modules to strengthen memory.
- Use Seneca alongside Home Learning Booklets.

A Simple Routine

10–20 minutes daily

- 5 minutes reviewing previous learning.
- 10 minutes completing new content.
- 5 minutes revisiting incorrect answers.

Small amounts of regular practice are often more effective than long periods of revision completed infrequently.

Digital Safety and Independent Learning

Helping Your Child Learn Safely and Responsibly Online

Technology plays an increasingly important role in education. Online platforms can provide valuable opportunities for learning, research and revision. However, students must learn how to use technology safely, responsibly and effectively. Parents and carers play a key role in helping students develop positive digital habits that support learning whilst protecting their wellbeing.

Online Safety

-  Protect Personal Information
-  Use Strong Passwords
-  Stay Safe Online

Encourage your child to:

-  Keep personal information private.
-  Use strong passwords and never share them with friends.
-  Speak to a trusted adult if they see anything online that makes them feel uncomfortable.
-  Be respectful and responsible when communicating online.
-  Only access age-appropriate and educationally appropriate content.

Remember

Think Before You Click

Ask your child to pause and consider:

- Is this website trustworthy?
- Is the information accurate?
- Is it safe to download?
- Would I be happy for my parents or teachers to see this?

Using AI Responsibly

Artificial Intelligence (AI) tools can be useful for learning when used correctly.

AI can help students:

-  Understand difficult concepts.
-  Generate revision questions.
-  Check understanding.
-  Explain vocabulary and key ideas.
-  Support research.

AI should **not** be used to:

-  Complete Home Learning tasks for students.
-  Write answers that students simply copy.
-  Produce work that students do not understand.
-  Replace thinking, planning or independent practice.

Managing Screen Time

Technology can support learning, but balance is important.

We recommend:

- Taking a short break every 20–30 minutes.
- Avoiding excessive screen time before bed.
- Balancing online learning with physical activity.
- Spending time reading books away from screens.
- Completing written Home Learning tasks where required.

The 20-20-20 Rule



Every 20 minutes – look away from the screen



Look 20 feet away – focus on something 20 feet away



For 20 seconds – for at least 20 seconds

This helps reduce eye strain and fatigue.

Local Library Details

The London Borough of Hounslow has a network of community hub libraries across the borough. The main branches include:

- Hounslow Library
- Beavers Community Hub & Library
- Bedfont Community Hub & Library
- Brentford Community Hub & Library
- Chiswick Community Hub & Library
- Cranford Community Hub & Library
- Feltham Community Hub & Library
- Hanworth Community Hub & Library
- Heston Library
- Isleworth Community Hub & Library
- Osterley Community Hub & Library

Hounslow Libraries provide:

- Free book borrowing
- E-books and audiobooks
- Public computers and Wi-Fi
- Printing and scanning services
- Study spaces
- Children's story times and activities
- Reading groups and community events

Supporting Your Child

Parents and carers can play a valuable role in supporting home learning without completing it for their child. The goal is to develop independence, confidence, and good learning habits. That will support success throughout secondary school and beyond.

How You Can Help

Create the Right Environment

- Provide a quiet space for Home Learning where possible.
- Encourage students to work at a table or desk.
- Ensure mobile phones and other distractions are put away during study time.

Establish a Routine

- Encourage Home Learning to be completed at a regular time each week.
- Break larger tasks into manageable chunks.
- Encourage reading, numeracy practice and retrieval practice little and often.

Support Learning

- Discuss learning and ask questions about what your child is studying.
- Encourage them to use resources such as Home Learning Booklets, Seneca Learning and educational websites.
- Praise effort, resilience and progress.

Monitor Online Activity

- Encourage safe and responsible use of the internet.
- Monitor the websites and platforms your child is accessing for learning.
- Remind students that AI and technology should support learning, not replace independent thinking.

Build Independence

- Encourage your child to attempt tasks before asking for help.
- Support them in organising their work and meeting deadlines.
- Allow them to learn from mistakes and develop problem-solving skills.

A Simple Message for Parents and Carers

The most effective support is not doing the work for your child, but helping them develop the routines, organisation and independence needed to succeed.

Frequently Asked Questions (FAQs)

What should I do if my child is struggling with Home Learning?

Firstly, encourage your child to attempt the task and identify specifically what they are finding difficult. Remind them to use the resources provided within their Home Learning Booklet and online learning platforms.

If your child continues to find the work challenging, they should:

- Speak to their classroom teacher.
- Attend the relevant Home Learning Club.
- Ask for clarification before the deadline wherever possible.

The school is committed to supporting all students and additional help is available when needed.

My child says they have no Home Learning. What should I do?

Encourage your child to:

- Check their Home Learning Booklet.
- Check their Homework diary.
- Check Home Learning Timetable.

What if my child is taking too long to complete Home Learning?

Some tasks may require more time than others, but if your child is consistently spending excessive amounts of time on Home Learning:

- Encourage regular short breaks.
- Break larger tasks into smaller sections.
- Focus on completing the task to the best of their ability.
- Contact the subject teacher if concerns continue.

Quality and understanding are more important than simply spending longer on a task.

What should I do if my child lacks motivation?

Motivation can vary throughout the year. Parents and Carers can help by:

- Establishing a regular routine.
- Providing praise for effort rather than just outcomes.
- Setting small achievable goals.
- Celebrating improvements.
- Encouraging attendance at Home Learning Clubs.

Consistency is often more important than motivation. Small daily habits lead to long-term success.

How can I encourage greater independence?

We encourage parents and carers to support learning without completing the work for students.

Helpful strategies include:

- Asking questions rather than providing answers.
- Encouraging students to research independently.
- Prompting students to check and correct mistakes.
- Helping them plan their workload.
- Encouraging resilience when tasks are challenging.

Developing independence is an important life skill.

What should I do if my child becomes anxious about Home Learning?

Reassure your child that it is normal not to understand everything immediately.

Encourage them to:

- Focus on one task at a time.
- Ask for help when needed.
- Attend Home Learning Clubs
- Celebrate progress rather than perfection.

If concerns persist, please contact the school and your child's Head of Year, so that appropriate support can be provided.

How often should I check my child's Home Learning?

We recommend checking in daily including weekends, by:

- Discussing what they have learned.
- Reviewing completed tasks.
- Monitoring deadlines.
- Encouraging good organisation.

The aim is to support and encourage rather than closely supervise every task.

What if my child forgets to complete a task?

Mistakes happen and forgetting occasionally is part of learning responsibility.

Encourage your child to:

- Complete the task as soon as possible.
- Attend the relevant Home Learning Club if required.
- Put systems in place to avoid forgetting in the future, such as using their diary, calendar or reminders.

How much help should I give my child?

A useful rule is: **Support, encourage and question, but don't complete the work.**

Teachers need to see what students can do independently so they can identify strengths, misconceptions and areas requiring further support.

My child says they do not like reading. What can I do?

Reading does not have to mean traditional novels. Students can read:

- Sports articles.
- Magazines.
- Graphic novels.
- Newspapers.
- Biographies.
- Audiobooks whilst following the text.
- Educational websites.

The most important thing is developing a regular habit of reading.

My child finds Mathematics difficult. How can I help?

You do not need to be a Mathematics expert to support your child.

You can:

- Encourage them to show all working out.
- Use Corbett Maths 5-a-Day.
- Celebrate effort and perseverance.
- Encourage attendance at Maths Home Learning Club.
- Ask them to explain their method aloud.

Discussing mathematical thinking often helps build confidence.

What should I do if my child is spending too much time on screens?

Encourage a balanced approach to learning.

A good daily routine includes:

- Reading.
- Written work.
- Numeracy practice.
- Educational screen use.
- Physical activity.
- Family time away from devices.

Balance is key to both wellbeing and academic success.

How can I contact the school for support?

If you have concerns about your child's Home Learning or would like advice on how to support them, please contact:

- Your child's Form Tutor.
- The relevant Subject Teacher.
- Head of Year.

All contact should be made through to the school using the following email: admin@heathland.hounslow.sch.uk

The most successful students develop strong literacy and numeracy skills alongside effective use of digital learning tools. By reading regularly, practising writing, developing mathematical fluency and using technology responsibly, students build the knowledge, confidence and independence needed to achieve success in school, examinations and beyond.

 Read •  Write •  Calculate •  Learn •  Achieve

Thank you

for your continued
support and partnership.

By encouraging **positive home learning habits**,
we can work together to develop
confident, resilient and **ambitious**
young people who are well prepared
for **success** in school and beyond.

