



Key Stage 3 Physical Education

Introduction

The overarching aim of the physical education curriculum is to inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Year 7

Autumn Term	Spring Term	Summer Term
<ul style="list-style-type: none"> • Football • Rugby/Tag Rugby (Boys/Girls) • Netball (Girls only) • Gymnastics • OAA 	<ul style="list-style-type: none"> • Dance • Basketball • Hockey • Handball 	<ul style="list-style-type: none"> • Tennis • Athletics • Cricket • Rounders

Year 8

Autumn Term	Spring Term	Summer Term
<ul style="list-style-type: none"> • Football • Rugby/Tag Rugby (Boys/Girls) • Netball (Girls only) 	<ul style="list-style-type: none"> • Hockey/Handball/Basketball • Gymnastics • Dance 	<ul style="list-style-type: none"> • Tennis • Athletics • Cricket/Rounders (Boys/Girls)

Year 9

Autumn Term	Spring Term	Summer Term
<ul style="list-style-type: none"> • Football/Netball • Hockey • Trampolining • HRF 	<ul style="list-style-type: none"> • Hockey/Handball/Basketball • Dance • Table Tennis • HRF 	<ul style="list-style-type: none"> • Tennis • Cricket/Rounders (Boys/Girls) • Athletics